



TOOLS FOR SUCCESS

*How to Parent with
Love and Logic*

Kristen Gephart

Lower School
Division Head



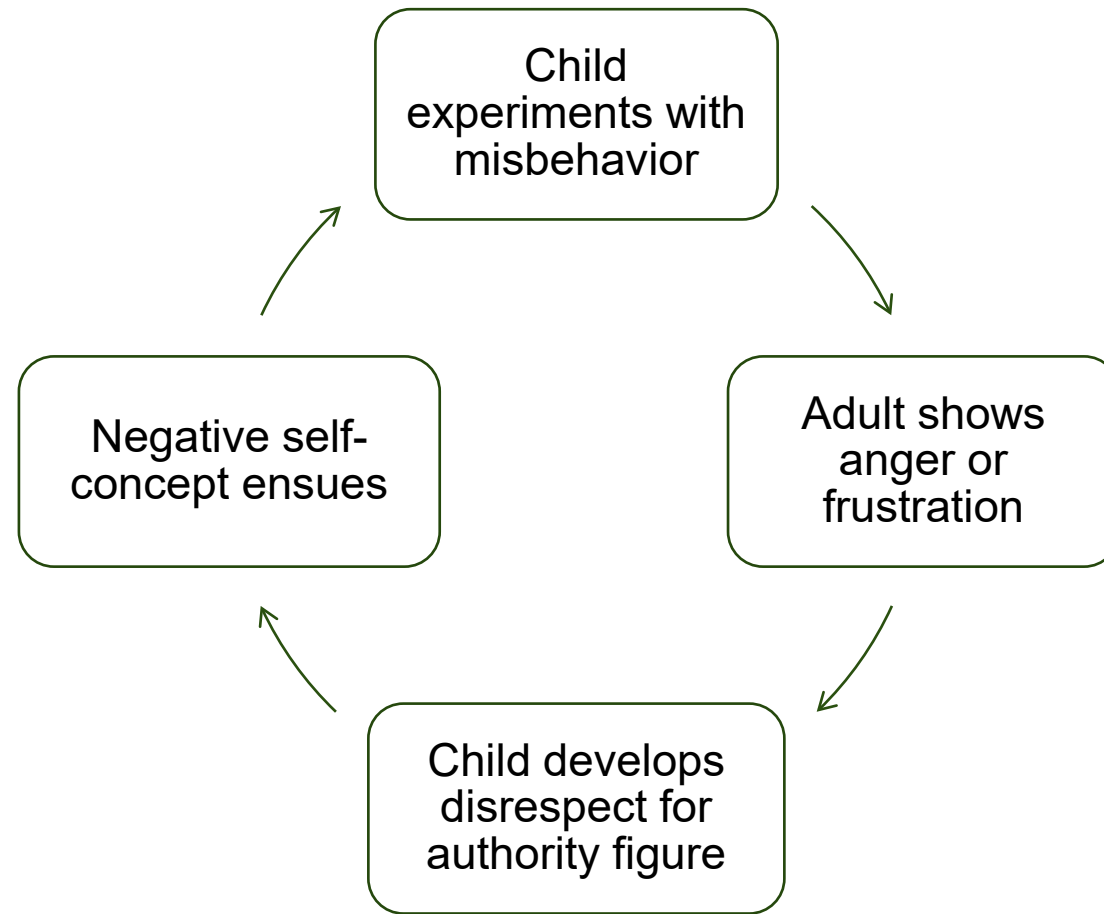
WHAT DO YOU WANT FOR YOUR CHILD?

- To be loved, to feel loved
 - Responsible
 - Confident
 - Anything else?
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- What kind of parent fosters these qualities?

WHY PARENT WITH LOVE AND LOGIC?

- The Love and Logic Technique offers parents proactive, respectful, and loving ways to:
 - Raise responsible children
 - Raise ethical, caring children
 - Raise children who are prepared to make positive contributions
 - See Handout A: What is Parenting with Love and Logic

THE MISBEHAVIOR CYCLE



THE TWO RULES OF LOVE AND LOGIC



Adults set firm limits in loving ways
without anger, lecture, or threats

When a child causes a problem, the
adult hands it back in loving ways

LOVE AND LOGIC PLAYBOOK

HANDOUT B

Strategy 1: Empathy

- Always lead with empathy
 - Research

Strategy 2: Oh, Oh Song

- “Oh, Oh, looks as if you are.....”

Strategy 3: Neutralize Arguing

- Neutralize arguing with a One-liner (Handout C)
- Neutralize arguing with One Sentence (Handout D)

LOVE AND LOGIC PLAYBOOK

Strategy 4: Enforceable Statements

- Enforceable statements tell children what we will do or allow rather than telling them *what to do* (Handout E)
- Turn Your Word into gold (Handout F)

Strategy 5: Choices

- Sharing Control Through Choices (Handout G)

LOVE AND LOGIC PLAYBOOK

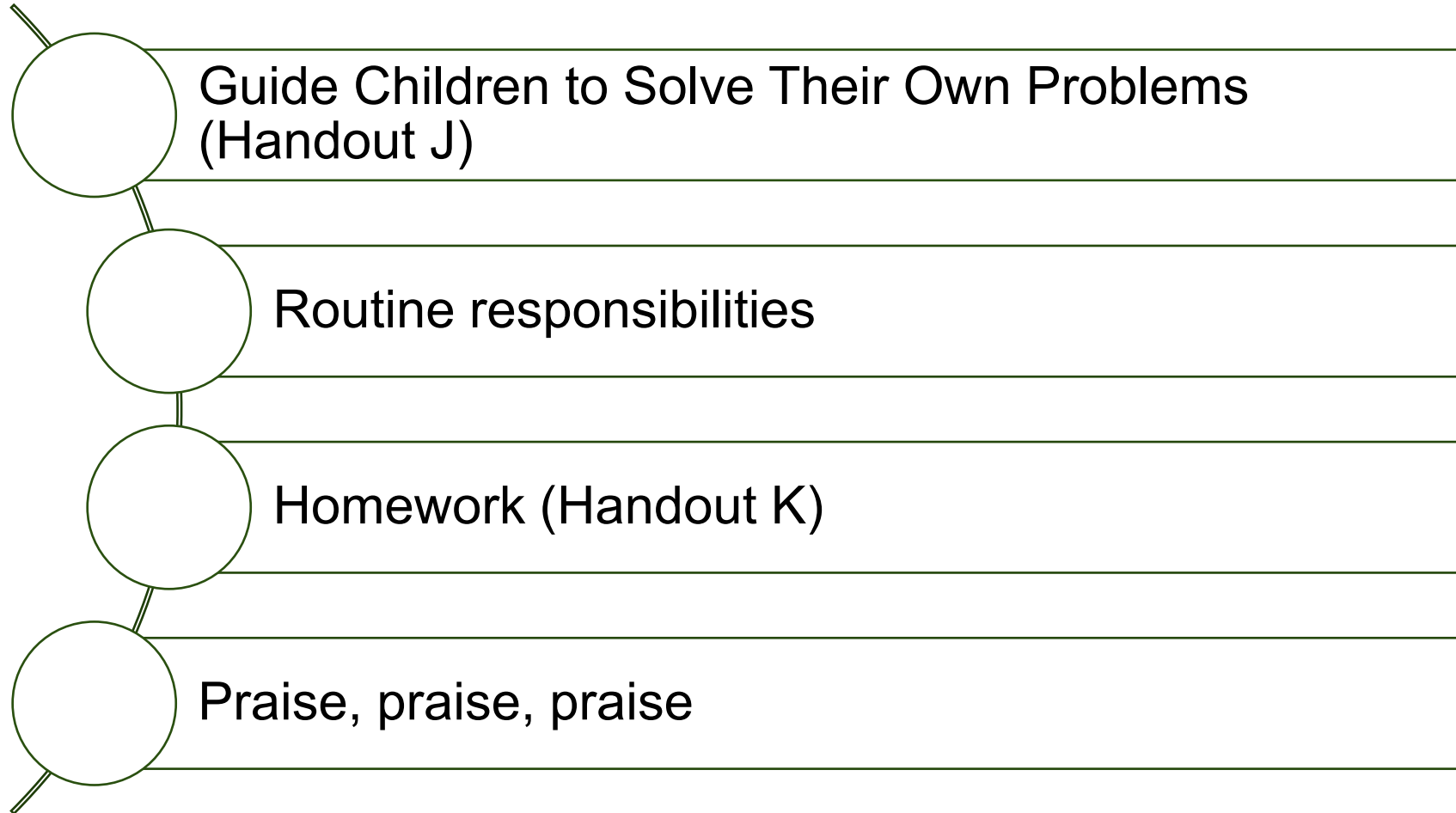
Strategy 6: Consequences

- Consequences/Delayed Consequences (Handout H)
- Use the Energy Drain approach (Handout I)

Strategy 6: Restitution

- Reconnect after the consequence

LOVE AND LOGIC PEARLS



FILL A BUCKET

- Love and Logic
- Mary and Martha (Luke 10:40-42)
- Slow down, use your eyes and your words thoughtfully
- Focus on your children's strengths rather than weaknesses
- Be a bucket filler

I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge.

Ephesians 3:17-19

DISCUSSION QUESTIONS:

- Which type of parent (helicopter, drill sergeant, or consultant) do you relate to most?
- What kinds of choices would be appropriate for your children given their ages/personalities?
- What three enforceable statements can you try to use in your home this week?
- In what ways can you increase your use of empathy in your parenting?
- Talk through a common or potential parenting dilemma in your home:
 - How could love and logic techniques help you?
 - What logical consequences could you use?
- How can you praise your children in more meaningful ways?