**Conversation Starters**

**Helping to prepare families’ and kids’ expectations for the new school year**

**Directions:** Print this page and cut apart the word sets below. Have your child sort the tasks underneath the three categories as a way to start a conversation about family expectations. Add your own tasks that would help your family with this exercise as well.

**I can do this most of the time by myself.**

**I need a little help me or reminder.**

**Someone else generally does this for me or tells me to do this.**

Helping around the house

Going to bed

Putting things away

Saying “please” and “thank you”

Problem solving

Figuring how to share with others

Listening and waiting when others are talking

Making my bed

Packing things I need for school in my backpack

Packing my lunch

Reading

Following rules

Bring my backpack to the car

Doing my homework

Tying my shoes

Cleaning my room

Anticipating what others might need

Staying focused on a task

Finding things to do when I have free time

Choosing items to eat for lunch

Asking for help

Anticipating how I can help

Getting myself ready

Trying something new