

A Boy's Guide to Growing Up

Puberty Class

Saturday, March 15
Grades 4 - 6
Parent/Son class

Class Objectives:

- For boys to understand normal growth and development, including the physical and emotional changes that happen during puberty.
- Learn about the anatomy and physiology of the human reproductive system and human reproduction.
- To provide answers to the how, why, and when questions related to a growing body.
- How to maintain a healthy body through personal hygiene, healthy living, and making good choices.
- To assist parents in communicating the right information to their children as they enter puberty.



Saturday, March 15
1:00 p.m. - 2:30 p.m.

The Bear Creek School
Band Room
Redmond Campus
Cost: \$15 per parent/son

Questions?

Contact Angela Burch at (425) 898-1720 or aburch@tbc.org.

Registration Form

Parent Name:

Student Name: Grade:

Parent E-mail:

Please return form with payment to the main office at your campus by Thursday, March 13.